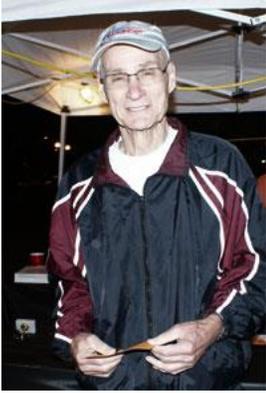


The Legend of the Marble



7/19/32 to 4/22/12

As the story goes, the Miracle Marble origin dates back to former high school cross country coach and Bricks to Bricks instructor Tom Hathaway. Following a particularly strong showing by one of Hathaway's runners, the boy sought some form of recognition from his coach. Earlier, Hathaway had spied a marble on the ground and thinking it might be a hazard, picked it up and put it in his pocket. Caught off-guard by the request for recognition, Hathaway handed the marble to his runner. Soon after, the coach was besieged by requests from his other runners for marbles marking their own running accomplishments.

During a Bricks to Bricks session a person raised the question, "Will we get a marble for finishing the mini?" This was the mother of the boy who years before had started the whole tradition of awarding marbles for athletic accomplishments.

Participating in Coach Hathaway's Running South is not about glory, money, winning, beating someone, or impressing others. **It is for pure SELF-SATISFACTION.**

Long after the blisters heal and the aches and pains fade away, the Miracle Marble will be a reminder of your accomplishments at Coach Hathaway's Running South.

We will always miss you Tom

Miracle Marble

- M** is for **MOTIVATION, MILES, MENTAL**, and the overall **MADNESS** of training, and those joyful and rewarding **MOMENTS**.
- A** is for **ATTITUDE, AGGRESSION, & ATTENTION** to our goals, and performing only to our own **ABILITY**, but most importantly, it is for the **ATHLETE** you are.
- R** is for **RACES, RUTS, ROCKS**, and other **ROAD** hazards, and for the personal **RICHES** beyond description.
- B** is for the **BASE** work, **BATTLES. BRUISES**, and all the **BALONEY** (such as ice, snow, wind, cold, rain, heat) with which we deal, and for all the good **BUDDIES** we make.
- L** is for the **LONG & LONELY** days, **LOVELY** workouts, the need to be a little **LOCO**, and for all the **LAUGHTER** we experience.
- E** is for the **EXCITEMENT, EARNEST EFFORT**, and all the pasta **EATING**, and even **ELATED** to see the **END** of the race, but most importantly, it is for **ELITE**, the athlete you are.
- S** is for the **SUPPORT** and **SPONSORSHIP** of **COMMUNITY HEALTH NETWORK**, the **SOCIAL** fellowship and the award that **SUPERSEDES** all others — *the marble*.

Also, it is not for glory, money, winning, beating someone, or to impress others. It is for pure **SELF-SATISFACTION**